

# Functional Magnetic Nanomotors to Improve Ischemic Stroke Treatment

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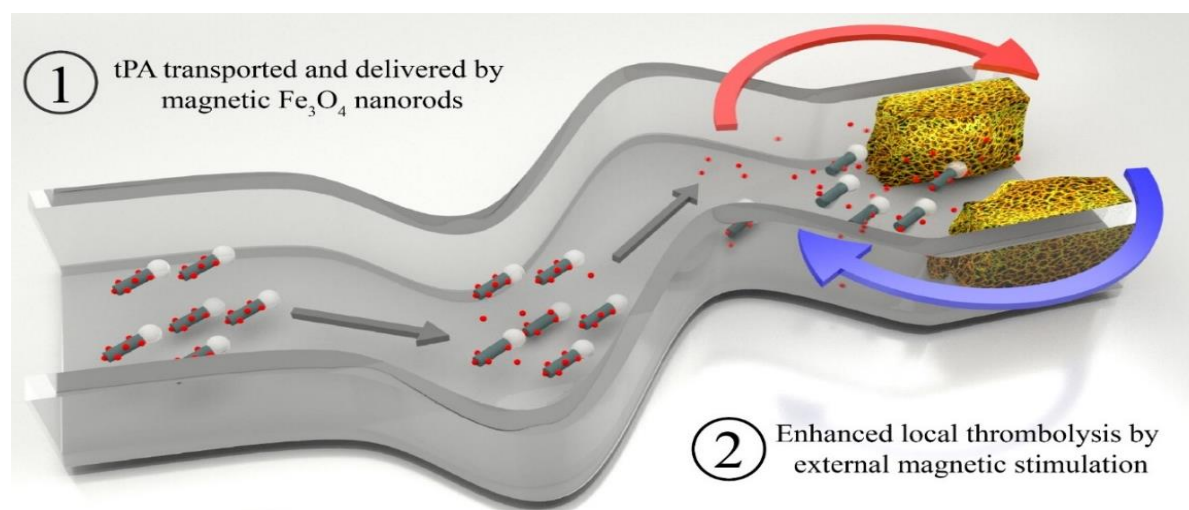
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## Graphical Abstract



## Abstract

The treatment of ischemic stroke remains a daunting task as few therapeutic strategies have proven to be effective. Systemic thrombolysis with intravenous tissue plasminogen activator (tPA) remains the only proven treatment to improve clinical outcome of patients with acute ischemic stroke. But because of an increased risk of hemorrhage beyond 4.5 hours after onset of stroke, only certain stroke patients (1-2%) can benefit from tPA treatment. Current limitations of intravascular thrombolysis are primarily due to the inefficient/ineffective penetration of the systemically circulating tPA into the thrombus core. To improve tPA-induced thrombolysis and recanalization rates, we have developed a new strategy by incorporating rotary magnetic iron oxide ( $\text{Fe}_3\text{O}_4$ )-nanorods powered by an external magnetic field with the tPA delivery. Once the nanorods encounter the blood clot in the artery, it could not only improve the mass transport of the tPA-clot reaction, but also could mechanically disrupt the clot network to make a larger opening in the clot. Additionally,

when magnetic nanorods are covalently bound to tPA with retained enzyme activity, the tPA functionalized magnetic nanorods can target to the blood clot *in vivo* under the guidance of an external magnet and tPA can subsequently be efficiently delivered at the site of embolism at high concentration to facilitate thrombolysis. Thus, an efficient tPA delivery system to the brain in combination with magnetic nanorods overcomes the limitations of current therapy with tPA alone. In a mouse model, we show that with two orders of less concentration of tPA on tPA-magnetic nanorod injection, it takes less than 1/3 time to lyse the blood clot, compared to that of tPA injection alone. In this talk, I will discuss the synthesis, functionalization of the magnetic nanorods, the physical and chemical mechanism of the improved thrombolysis, and the results from both the *in vitro* and animal tests as well as future challenges.

**Keywords:** Tissue plasminogen activator, magnetic micro/nano-rods, stroke, thrombolysis.

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## Biography of Presenting Author



**Yiping Zhao** received his B.S. degree in Electronics from Peking University in 1991, and MS degree in condensed matter physics from Institute of Semiconductors, Chinese Academy of Sciences in 1994. He obtained his Ph.D. degree in Physics at Rensselaer Polytechnic Institute in 1999. He is currently a Distinguished Research Professor at the Department of Physics and Astronomy in University of Georgia, a fellow of the International Society of Optics and Photonics (SPIE) and American Vacuum Society (AVS). Prof. Zhao is the author or co-author of more than 290 peer reviewed journal papers, 30 conference proceedings, 2 books, 8 book chapters, and 12 US patents. His major research interests are nanostructures and thin films fabrication and characterization, plasmonic nanostructures, chemical and biological sensors, nano-photocatalysts, and nanomotors.

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